

Questions to ask your health care team

One of the best ways to get the information you need about handling your ulcerative colitis is to ask your health care team questions about your condition. Here are some good questions to think about asking:

- When should I call my health care provider?
- What is the best way to communicate my questions or concerns?
- What should I eat during a flare?
- Should I take dietary supplements because of my UC?
- What are the benefits and risks of the treatment program I'm following?
- Will I need surgery at some point?
- Where can I find support for my condition?

My questions for my health care provider
